

Sexual violence violates a person's trust, self-esteem, and feelings of safety.

It happens any time a person is forced, coerced, and/or manipulated into any unwanted sexual activity.

The range of sexual violence includes rape, incest, child sexual assault, ritual abuse, date and acquaintance rape, statutory rape, marital or partner rape, sexual exploitation, sexual contact, sexual harassment, exposure, human trafficking, and voyeurism.

Rape is a crime! It is motivated by the need to control, humiliate, and harm. It is NOT motivated by sexual desire. Rapists use sex as a weapon to dominate and hurt others.

Husbands and boyfriends can and do sexually abuse their partners. Women can also be perpetrators of sexual abuse.

Did You Know . .

Every 2 minutes, a person is sexually assaulted in the United States ages 12 years old and over.

Don't Become a Statistic!



Choices, Council on Domestic Violence for Page County, Inc.

MISSION STATEMENT

“To prevent both domestic and sexual violence through public awareness and education and to serve as a resource and safe haven to those affected.”

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Luray, Virginia 22835
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Fax: 540-843-3251

208 Virginia Avenue
Shenandoah, Virginia
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ChoicesofPageCounty.org
hotline@choicesofpagecounty.org

24 Hour Hotlines

540-743-4414

540-218-4028



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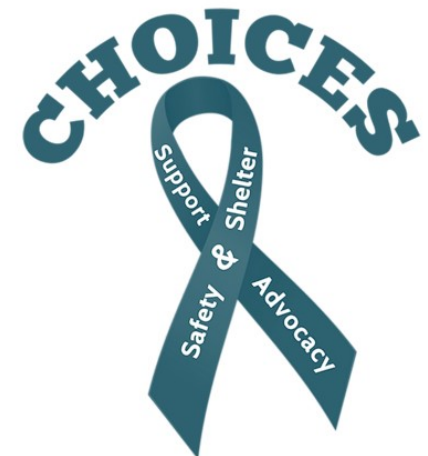
Sexual Violence Information for Victims & Their Families

**Choices, Council on Domestic
Violence for Page County, Inc.**

Free & Confidential

540-743-4414

540-218-4028





Everyone Reacts Differently to Sexual Assault

Common reactions vary from anger, fear, guilt, denial, shock, pregnancy, STD, etc. You may cry a lot or completely shut down. You may want to sleep all day or be unable to sleep. There is NO right or wrong way to feel or act.

Everyone handles trauma differently.

Talking with a crisis intervention counselor at Choices may help you understand your different emotions, physical and psychological reactions you are experiencing. We are trained to help you through the trauma of sexual violence.

Family and friends mean well, but they have an emotional involvement with you and are not always the best resource for you.

Sexual Violence is NEVER the Victim's Fault!!

Remember. . .

“Every woman has the right to control her own body. You have the right to make decisions about having sex, using birth control, becoming pregnant, and having children.”

Having sex with a person one time does not mean consent to any other future sexual acts. Consent induced by fear is not consent at all.



Choices is Here to Help!

Sexual violence is a crime committed on a person. No one ever deserved to be molested or raped.

Everyone reacts differently to an assault. Reactions are as varied as the individual assaulted.

Many people who have been sexually assaulted have never talked to anyone about it for their own reasons.

Talking to a person you can trust can help you with your healing. That person can be an advocate at Choices, your partner, pastor, or friend.

The person you trust with your story should be non-judgmental. You have lived with the pain of sexual assault. The person you confide in must respect your feelings.

**We are here to help
you 24/7!**

FREE & Confidential