

Types of Abuse

Sexual Abuse & Coercion

Reproductive Abuse

Physical Abuse

Emotional Abuse

Financial Abuse

Digital Abuse

Stalking

Human Trafficking

Signs of Abuse

Verbal Threats

Intimidation

Isolation

Physical Assault

Sexual Assault

Stalking

Threats to loved ones

Property Destruction

Denying abuse

Threats to Citizenship

Destruction of legal documents

Cultural Isolation

Controlling of appearance

Victim blaming

Gaslighting

Limiting financial resources

Using children to control your actions

Preventing you from employment

Threats of cheating

Choices is a member of the United Way Northern Shenandoah Valley.

Scan QR code on the front to visit our website or go to:

<https://www.choicesofpagecounty.org>

 [choicesofpagecounty](https://www.choicesofpagecounty.org)

OUR SERVICES

- 24/7 Support Line
- Emergency Shelter
- Safety Planning
- Court Advocacy
- Legal Advocacy
- Housing Assistance
- Crisis Counseling
- Crisis Intervention
- Individualized Peer Counseling
- Support Groups
- Children's Support Services
- Child and Teen Relationship
- Education Emergency
- Transportation
- Peer Support
- Courtroom Support and Advocacy
- Information and Referral
- Community Education
- Free and Confidential Services
- Interpretation Services Available

WHAT SHOULD YOU DO IF YOU ARE IN DANGER?

Contact Us

540-743-4414

Our support line is operated 24/7/365 by trained advocates. If you are experiencing any type of abuse or if you have concerns about your relationship, please call our advocates to learn about the next steps toward safety and healing. **WE.ARE.HERE.FOR.YOU.!**

All support services are free and confidential
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CHOICES

Council on Domestic Violence
For Page County



**You are not alone!
We are here to help!**

WHAT IS ABUSE

Domestic violence, sometimes referred to as intimate partner violence (IPV), domestic abuse, or relationship abuse, is a pattern of abusive behaviors used by one person to exert power and control over another individual in an intimate relationship. Abuse is never your fault! You deserve safety and respect in your relationship!

OUR MISSION

Our mission is to prevent both domestic and sexual violence through public awareness and education, and to serve as a resource and safe haven to those affected.

WE ARE HERE FOR YOU!

At Choices we welcome all, and we do not discriminate based on race, color, ethnicity, gender orientation, religion, age, physical or mental disability.